

Curriculum Vitae



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OBJECTIVE

Intend to built a career with leading cooperate committed and dedicated people, which will help me to explore myself and realize my potential, willing to work as team player in challenging and creative environment.

SPECIAL SKILLS

- The willingness to work in tight schedule.
- Have work collaboration ability in any part of the world.
- Diligent, assiduous and team player

TARGET COMPANY

- A company empowering its employees, teamwork, new innovations services etc.

CERTIFICATION

- The National Examination Board in Occupational Safety & Health (NEBOSH)

TRAININGS

- Institution of Occupational Safety & Health (IOSH)
- Occupational Safety and Health Administration(OSHA)
- Health Safety and Environment Management (HSEM)
- Safety and Health in Construction Certification(HAS)
- Knowledge of OHSAS 18001
- Safety Supervision and Leadership
- H2S Training
- Introduction to Safety Management System,
- Contractor Camp Inspection Training
- Confined Space Entry Program
- Fire Man and Lead Fire Man Training
- Emergency Evacuation Plan
- Effective Accident Investigation
- Hazards communication skills
- Job Safety Analysis
- SSC Life Critical Activity Training Hazard Recognition
- Life Critical Training, Working at Height & FBH Donning
- More than Seven and half year of Practical and Management Experience

SUMMARY

Experience(Nine year)

1.Company: Saudi Kad Contracting Co.LLC

	<p>Client: Saudi Aramco</p> <p>Project: Onshore Maintain Potential Projects Department (Northern Areas)</p> <p>Position : HSE Superintendent</p> <p>Duration: March 2015 till now</p> <p>2. Company: Artland Gen. Cont. Est.</p> <p>Client: Jacobs Zate</p> <p>Project: Jacobs Zate Head office Al-khobar, KSA</p> <p>Position : Senior HSE Supervisor</p> <p>Duration: July 2013 to March 2015</p> <p>3. Company: Nesma & Partners</p> <p>Client: Jabal Omer Development Company</p> <p>Project: Jabal Omer Development Project(JODP) Makkah, KSA</p> <p>Position : HSE Supervisor</p> <p>Duration: May 2011 to June 2013</p> <p>4. Company: Al- Yusr Townsend & Bottum Co. Ltd.</p> <p>Position : Safety Officer</p> <p>Duration: April 2010 to February 2011</p> <p>5. Company: Descon Engineering Limited</p> <p>Client: Sitara Chemicals Industries LTD</p> <p>Position : Safety Officer</p> <p>6. Company: Habib Construction Services</p> <p>Client: Govt. of Punjab, Pakistan</p> <p>Project: Ring Road Package 7, Lahore</p> <p>Position : Safety Officer</p> <p>Duration: Sep 2001 to January 2006</p> <p>College: Spectral Model School & College</p> <p>Duration: March 2006 to January 2007</p>
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Overall Job Responsibilities

- Formulating HIP (Hazard Identification Plan) for the new project submittal
- Concocting CSSP(Construction Site Safety Manual)
- Framing and Communicating ERP (Emergency Response Plan)
- Preparing Risk Assessment prior to activity
- Develop Health and Environmental Programs
- Prepare and issue Safety Notifications for unsafe acts or unsafe conditions
- Ensure all agreed safety standards and regulations are applicable
- Investigate all accidents and dangerous occurrences, prepare reports.
- Monitor "Permit to Work" procedure implemented by the contractor
- Set a high personal example of Health and Safety at all times.
- Preparation and presentation of internal and external Construction related Safety Training Courses
- Client focus - differentiating through tailored skills and depth of client understanding
- Trust - building and retaining relationships of trust with our clients, colleagues and business partners
- Teamwork - working together as a team for the Group, not just the individual
- Responsibility - taking responsibility for our performance and our safety
- Communicate best practices internally within the company
- Preparing save procedure for all the required activities like Hot work, Cold work, Confined space, Excavation etc.
- Fire prevention of all company activities, testing of smoke and heat detectors, conducting drills.
- Inspection of 100% tie-off policy.
- Issue safety awards and recognition letter to chosen company employees.
- Utilize HSE Supervisor and HSE officer's capabilities primarily of managing overall site safety activities.
- Ensure the house keeping inspection activities.

ACHIEVEMENTS:

- Affiliation with SAFETY FIRST INTERNTIONAL as Trainer
- Planning to affiliate with IRCA as HSE Auditor
- Active member of Punjab Bar Council Pakistan
- Achieved best orator award in my education career
- Declare the best HSE trainer in current organization
- Highly enthusiastic and experience of implementing safety procedures.

CAREER PROFILE

- Experience of providing safety supports to working site facilities.
- Potential of preventing workplace safety hazards by following routine inspections.
- Expertise in providing trainings, updating documented policies and investigate unsafe conditions.
- Ensures safety and security in the company.
- Inspect, plan safety arrangements at work places.
- Assist facilities with all safety, health regulation and follow

<p>INTERPERSONAL</p>	<p>company's guideline.</p> <ul style="list-style-type: none"> ➤ Good knowledge of business principles ➤ Ability to work independently ➤ Knowledge of information and communication management ➤ Excellent team building and bookkeeping skills ➤ Detail oriented; able to multi-task ➤ Great attention to detail
<p>AREAS OF EXPERTISE</p>	<ul style="list-style-type: none"> ➤ Maintaining of Safety Management System (SMS) ➤ Minute Taking ➤ Administrative Support ➤ Document management ➤ Diary Management ➤ Report Writing ➤ Organizing Meetings
<p>KEY SKILLS</p>	<ul style="list-style-type: none"> ➤ Expertise in maintaining all safety measures and norms effectively. ➤ Experience in the field of managing safety aspects in various industries. ➤ Use effective strategies to minimize risks. ➤ Well verse with safety procedure.
<p>EDUCATIONAL QUALIFICATIONS</p>	<ul style="list-style-type: none"> ➤ TEFL/TESOL Certificate (Distinction Grade) International Teacher Training Organization, USA ➤ L.L.B (University of Punjab, Lahore, Pakistan) ➤ Bachelor Degree (University of Punjab, Lahore, Pakistan)
<p>PERSONAL DATA</p>	<p>Nationality : Pakistani Current Location: Al- Khobar, Eastern Province, Saudia Arabia Date of Birth : 05 November, 1979. Iqama # : 2300440845 Driving License : Valid till 2017 Marital Status : Married</p>
<p>LANGUAGE KNOWN</p>	<p>English (Excellent Level) Urdu and Punjabi (Excellent Level) Arabic (Fair Level)</p>
<p>HABITS</p>	<p>Developing Safe Culture Follow up Action Plan Good Document Control</p>
<p>REFERANCES</p>	<p>Naser Ahmed (HSE Manager, Nesma & Partners) Fareed Khan (HSE Supervisor, Nesma & Partners) Muhammad Naseer Khan (HSE Manager, Saudi Kad Contracting Co.LLC)</p>
<p>DECLARATION</p>	<p>I hereby declare that the information furnished above is true to the best of my knowledge.</p>